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FORM 6-K

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Report of Foreign Issuer

Pursuant to Rule 13a-16 or 15d-16 of

Securities Exchange Act of 1934

For the month of May, 2002

ABBEY NATIONAL plc (Translation of registrant's name into English)

Abbey House, Baker Street
London NW1 6XL, England
(Address of principal executive offices)

RECD S.E.G.

MAY 1 7 2002

1086

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F . . . X. . . . Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No

PROCESSED

MAY 2 4 2002

THOMSON FINANCIAL

Change in Directors' Interests

In pursuance of the Company's obligations under Section 329 of the Companies Act 1985 and Chapter 16, paragraphs 16.13(a) and 16.13(c) of the Listing Rules, I hereby advise you that the Directors listed below have today notified the Company that they have received the number of ordinary shares of 10p each of the Company indicated below for nil consideration from the Abbey National Employee Trust under the terms of the Company's Long Term Incentive Plan.

Director	No of Shares Received On 16 May, 2002	Total Holding Following This Notification
Ian Harley	4862	99,878
Andrew Pople	3943	69,544

SCHEDULE 11

NOTIFICATION OF INTERESTS OF DIRECTORS AND CONNECTED PERSONS

1) Name of company

Abbey National plc

2) Name of director

Andrew Pople

3) Please state whether notification indicates that it is in respect of holding of the shareholder named in 2 above or in respect of a non-beneficial interest or in the case of an individual holder if it is a holding of that person's spouse or children under the age of 18 or in respect of a non-beneficial interest

Director

4) Name of the registered holder(s) and, if more than one holder, the number of shares held by each of them (if notified)

Andrew Pople

5) Please state whether notification relates to a person(s) connected with the Director named in 2 above and identify the connected person(s)

Director

6) Please state the nature of the transaction. For PEP transactions please indicate whether general/single co PEP and if discretionary/non discretionary

Share Sale

7) Number of shares/amount of stock acquired

N/A

8) Percentage of issued class

N/A

Number of shares/amount of stock disposed

1578

10) Percentage of issued class

N/A

11) Class of security .

Ordinary Shares of 10 pence each

12) Price per share

1058%p

13) Date of transaction 16 May, 2002 14) Date company informed 16 May, 2002 15) Total holding following this notification 67,966 16) Total percentage holding of issued class following this notification N/A If a director has been granted options by the company please complete the following boxes 17) Date of grant 18) Feriod during which or date on which exercisable 19) Total amount paid (if any) for grant of the option 20) Description of shares or debentures involved: class, number 21) Exercise price (if fixed at time of grant) or indication that price is to be fixed at time of exercise " 22) Total number of shares or debeatures over which options held following this notification 23) Any additional information 24) Name of contact and telephone number for queries. Tan Christie, 0207 612 4205 25) Name and signature of authorised company official responsible for making this notification Ian Christie, Assistant Group Secretary Date of Notification...16 May, 2002.....

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

___ ABBEY NATIONAL pic-

Date: 16th May, 2002

Ian Christie, Assistant Group Secretary